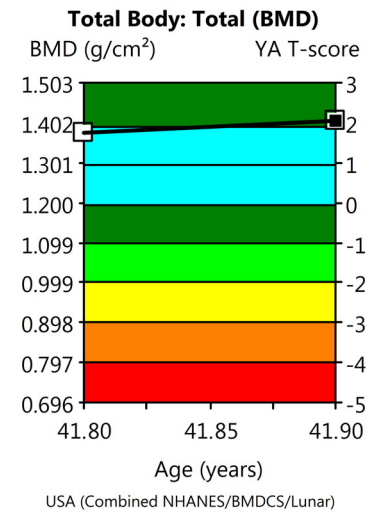
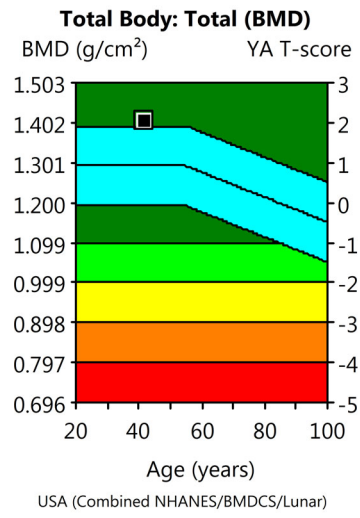
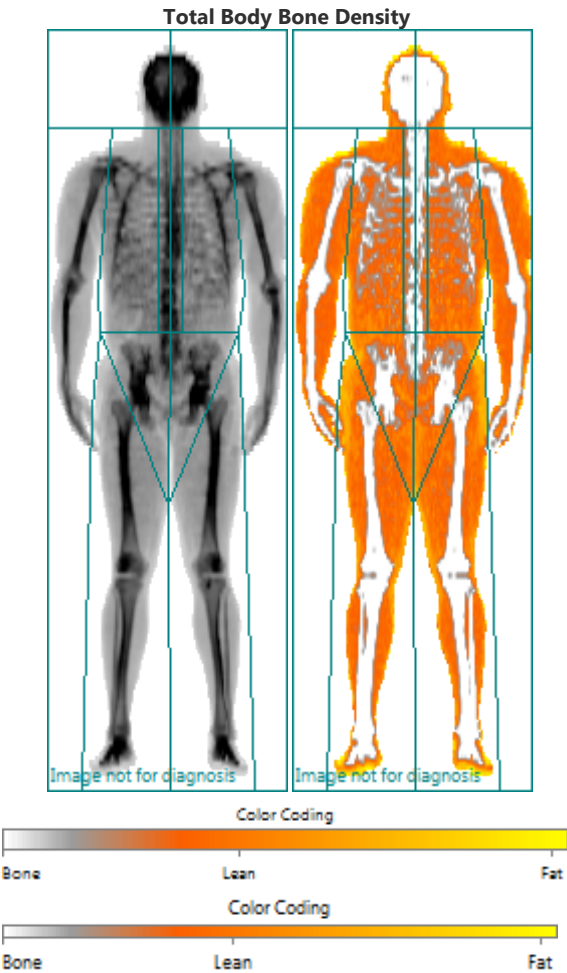




YOUR PERScription FOR A HEATHIER LIFE

Total Body Bone Density Report

Bone Density is critically important to our overall health & physical capability. Good, holistic nutrition is essential to maximizing peak bone mass, which is typically achieved between your mid to late thirties. Then, as we continue to age, our bones start to naturally deteriorate through a process called fibrosis, where bone structure slowly converts to fibrous tissue. Keep in mind that this measurement is of Total Body Bone Density and cannot be compared apples to apples versus what is referred to as a DEXA Bone Density, which consists of measurements of your left / right femoral neck and AP Spine (L1-L4). A DEXA Bone Density is the standard exam for observing the potential risk for Osteopenia and Osteoporosis and is typically referred by your physician.



| Densitometry: USA (Combined NHANES/BMDCS/Lunar) (Enhanced Analysis) | | | |
|--|-------------------------------|-------------------|-------------------|
| Region | BMD (g/cm²) | YA T-score | AM Z-score |
| Head | 2.377 | - | - |
| (e) Arms | 1.318 | - | - |
| Legs | 1.488 | - | - |
| Trunk | 1.123 | - | - |
| Ribs | 0.856 | - | - |
| Spine | 1.450 | - | - |
| Pelvis | 1.220 | - | - |
| (e) Total | 1.406 | 2.0 | 1.1 |